

Yintah Consulting

Carla Lewis, M.A.



2370 Gerow Island Road
Burns Lake, BC V0J 1E2
carla@yintah.com
P: 778-669-1316 F: 877-690-5175

www.yintah.com

Hadih! I am from the Gitdumden Clan (Bear/Wolf) of the Wet'suwet'en Nation.

My goal is to be able to strengthen our relationships to place, family, and community as we seek to create a sustainable future for all beings. Land is paramount to our cultural integrity and survival and thus must be protected and restored. Humanity and Earth are in a desperate need of a revolution--of a better way to live and be and interact with one another. I believe our deep-rooted cultural connections to our homelands--our values, beliefs, and worldview--hold the wisdom of our ancestors, which may enable us to protect and provide for our nations, peoples, and all-beings. As such, I actively seek action-based methods and projects that create meaningful change in our communities.

My knowledge and experience stems from academia with a Masters Degree in Indigenous Governance (UVIC) and Bachelors Degree in Anthropology and First Nations Studies (UNBC). More importantly, many of my lessons come from years of listening and learning from Elders and knowledge holders. In their teachings and stories, a common moral warned of the pressing need to strengthen our culture and reconnect with our homelands. I have made it my goal to confront this ongoing struggle in all of the work that I do.

My journey has led me all across Turtle Island to work for Indigenous peoples in the areas of research, curriculum development, facilitation, project coordination, and management. I began working for First Nations as a teen and have since been extremely fortunate to have met amazing people from around the world with a similar passion to decolonize our lives.

I started *Yintah Consulting* so I can do the work I love full-time. I can expediently and efficiently produce exciting, unique, and indigenous-centred projects for your organization from the initial visioning stage to producing professional products or I can assist you with a certain portion of your project. I look forward to participating in the resurgence of our nations, identity, and cultural survival.

Please contact me to discuss your ideas!



Carla Lewis

Indigenous Research, Writing, and Facilitation



Cultural Resurgence and Research

Specializing in action-based and indigenous research methodologies that commit to community consultation and inclusion while empowering the community to measure development in terms of decolonizing methodologies; resurgence of Indigeneity; and movement towards self-determination.

- ~Indigenous knowledge, land use, and occupancy studies
- ~Community-based action research
- ~Developing community research protocols and practice
- ~Ethnographic and historical research
- ~Training community researchers and educators
- ~Coordinating language recovery, documentation, and resurgency projects
- ~Ethnographic, historical, and archival research
- ~Production and design of community-based research and education materials (interactive websites, DVDs, children's books, pamphlets and booklets, textbooks, workshops, culture camp activities, etc.)
- ~Project and policy development and evaluation

Community Engagement

Whether planning a new project, making a major decision, or visioning for our future, Indigenous protocol requires that our communities be included and actively engaged in the decisions that impact them. With proven strategies that build communication, strengthen unity, and empower our citizens, I can help make your project a success by:

- ~Reflection and strength based visioning and strategic planning
- ~Developing community engagement policies and procedures
- ~Conducting inclusive meetings and events that draw crowds
- ~Creating forums, publications, and utilizing technology and social media to educate and inform
- ~Strengthening traditional decision making processes and Indigenous Governance

www.gintah.com

Writing for the Margins

Many of us in our communities have great ideas that are simply begging for execution. As a powerful and creative writer, I can assist your organization in writing winning pieces that truly capture community voice and vision to captivate audiences.

- ~Creative media releases, articles, & web-content
- ~Indigenous focused policy documents, declarations, position, papers, & reports
- ~Winning & unique project proposals (a flawless record of successful proposals ranging from \$500-\$150k)
- ~Proofreading, editing, & Indigenizing of existing materials

Photography and Desktop Publishing

Portraits, landscapes, wildlife, and macro photography are my favourite ways to capture the moments in our lives. I do individual or corporate shots for reports, presentations, or framing and can include stunning photos and produce quality publications ready for the web or print for all of the work that I produce.

Comprehensive Services and Affordable Rates

I can assist your organization from the initial visioning stage to final production or any piece in between.

Give me a call or an email to discuss how we can work together to get your project moving forward. Fees are negotiable and I will do what I can for your organization to work within your budget!



**For more information on my services,
please contact me or visit my
website at:**

www.gintah.com

COMMUNITY WORKSHOPS

My approach to facilitation includes methods from popular, peace, environmental, and Indigenous education that encompass hands on, experiential learning. Participants leave my workshops feeling empowered with a sense of urgency to take action and speak out against injustice. My workshops are never dull, always interactive, and often outdoors! If you have a workshop idea that fits my areas of expertise I'd be happy to develop or modify a workshop specific to your needs.

Indigenous Resurgence Workshops

- ~History of Colonization & Decolonization 101
- ~The Indian Problem: Aboriginal Rights & Title
- ~Indigenizing the Workplace
- ~Indigenous Women in Resistance
- ~Indigenous & Community Research Methods
- ~Conducting a Traditional Use Study
- ~Ending Lateral and Structural Violence



Youth Empowerment Workshops

- ~Loving our Land - Territory hike & seasonal activities (ex. berry picking).
- ~Traditional Knowledge Skills (ex. hide tanning, drum-making, beading etc.)
- ~Bush Skills (ex. starting a fire, plant foods & medicines, emergency shelters etc.)
- ~Respectful Relationships & Self Esteem
- ~Becoming a Woman: Our Roles and Responsibilities
- ~Food Security (ex. berry picking, fish harvesting and preservation, gardening)

*For detailed workshop descriptions please
visit my website at www.yintah.com*



Nchutni ulh'

"We recognize our responsibilities to our children."